

PHYSICAL DEMANDS ANALYSIS

Name of Job:	Nutritionist	Employee Name:	
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General Task Description:	Work closely with Account Managers and the Nutrition team to provide feed formulation, feeding management advice and technical support to our customers.
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LEGEND
0 – Never Performed
1 - Sometimes Performed
2 – Performed Occasionally (less than 1 hour per day)
3 -Frequent and/or repetitious (for 1 to 3 hours daily)
4 Maximum job requirements (Over 3 hours per day)

ENVIRONMENT
TEMPERATURE: Normal Non Air Conditioned Temperature change with weather conditions
LIGHTING: Normal
P/P/E REQUIRED: N/A
PHYSICAL HAZARDS: Dust (limited) Driving OTHER When visiting farms, must follow biosecurity measures, wear suitable clothing, Sitting for prolonged periods of time can be a major cause of back pain, cause increased stress of the back, neck, arms and legs and can add a tremendous amount of pressure to the back.

SITTING	Chair	0	1	2	3	4
STANDING		0	1	2	3	4
WALKING	Level Surface	0	1	2	3	4
	Uneven Surface	0	1	2	3	4
CLIMBING	Ladders	0	1	2	3	4
	Other	0	1	2	3	4
REACHING	Forward	0	1	2	3	4
	Overhead	0	1	2	3	4
BENDING	Stooping	0	1	2	3	4
	Crouching	0	1	2	3	4
	Kneeling	0	1	2	3	4
	Twisting	0	1	2	3	4
LIFTING	From ground level	0	1	2	3	4
	From waist level	0	1	2	3	4
	Above waist level	0	1	2	3	4
LIFTING REQUIREMENTS	Up to 10lbs	0	1	2	3	4
	10 to 25lbs	0	1	2	3	4
	25 to 50 lbs	0	1	2	3	4
	Over 50lbs	0	1	2	3	4
MOBILITY	Carrying	0	1	2	3	4
	Pushing	0	1	2	3	4
	Pulling	0	1	2	3	4
	Finger Dexterity	0	1	2	3	4
	Hand Grasping	0	1	2	3	4
CARRY, PUSH/PULL REQUIREMENTS	Up to 10lbs	0	1	2	3	4
	10 to 25lbs	0	1	2	3	4
	25 to 50 lbs	0	1	2	3	4
	Over 50lbs	0	1	2	3	4

Types of machines, equipment, tools and work aids required to perform occupations:	
Computer, cell phone	

Vehicles or equipment driven at work:	
Travel in vehicle occasionally to assess customer's concerns.	

Repetitive motions required (@ wrist, shoulder, hip, knee, other):	
While working on the computer, repetitive hand movements can lead to elbows, wrists and hands injuries as well as joint pains.	