

## PHYSICAL DEMANDS ANALYSIS

<b>Name of Job:</b>	Soil Sampler	<b>Employee Name:</b>	
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<b>General Task Description:</b>	Taking soil samples from farmer's fields
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<b>LEGEND</b>
0 – Never Performed
1 - Sometimes Performed
2 – Performed Occasionally (less than 1 hour per day)
3 -Frequent and/or repetitious (for 1 to 3 hours daily)
4 Maximum job requirements (Over 3 hours per day)

<b>ENVIRONMENT</b>
TEMPERATURE: Normal Non Air Conditioned Temperature change with weather conditions
LIGHTING: Natural
P/P/E REQUIRED: ATV Helmet Rain Wear Rubber Boots
PHYSICAL HAZARDS: Dust Ploughed Fields Livestock/Pets Repetitive tasks
OTHER

SITTING	Chair	0	1	2	3	<del>4</del>
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STANDING		0	1	2	<del>3</del>	4
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WALKING	Level Surface	0	1	2	3	<del>4</del>
	Uneven Surface	0	1	2	3	<del>4</del>

CLIMBING	Ladders	<del>0</del>	1	2	3	4
	Other	0	1	<del>2</del>	3	4

REACHING	Forward	0	1	2	3	<del>4</del>
	Overhead	<del>0</del>	1	2	3	4

BENDING	Stooping	0	<del>1</del>	2	3	4
	Crouching	0	<del>1</del>	2	3	4
	Kneeling	0	<del>1</del>	2	3	4
	Twisting	0	<del>1</del>	2	3	4

LIFTING	From ground level	0	1	2	3	<del>4</del>
	From waist level	0	1	<del>2</del>	3	4
	Above waist level	<del>0</del>	1	2	3	4

LIFTING REQUIREMENTS	Up to 10lbs	0	1	2	3	<del>4</del>
	10 to 25lbs	0	<del>1</del>	2	3	4
	25 to 50 lbs	0	<del>1</del>	2	3	4
	Over 50lbs	0	<del>1</del>	2	3	4

MOBILITY	Carrying	0	1	<del>2</del>	3	4
	Pushing	0	1	<del>2</del>	3	4
	Pulling	0	1	2	3	<del>4</del>
	Finger Dexterity	0	1	2	3	<del>4</del>
	Hand Grasping	0	1	2	3	<del>4</del>

CARRY, PUSH/PULL REQUIREMENTS	Up to 10lbs	0	1	2	3	<del>4</del>
	10 to 25lbs	0	<del>1</del>	2	3	4
	25 to 50 lbs	0	<del>1</del>	2	3	4
	Over 50lbs	0	<del>1</del>	2	3	4

<b>Types of machines, equipment, tools and work aids required to perform occupations:</b>	
Soil Probe, ATV Helmet	

<b>Vehicles or equipment driven at work:</b>	
Pickup Truck, ATV	

<b>Repetitive motions required (@ wrist, shoulder, hip, knee, other):</b>	
Probing soil (Leg/Knee)	